



# Bao Chau Nguyen

**Physiotherapist** \* Curriculum Vitae.

# general info.

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**date of birth:** May 12th, 1992.

**place of birth:** Nordhorn ; Germany.

**nationality:** German.

## LANGUAGES

**English:** Level C2

**Vietnamese:** Level C1 (mother tongue)

# biography.

Bao Chau Nguyen is a trained physiotherapist with specialisation courses in back training, lymphatic drainage and Bobath therapy for neurological and neuromuscular diseases.

In 2002, Bao Chau alias Chau-lin started dancing. Now he is representing the breaking crew Tru Cru on the international stage. In 2022, he achieved second place at the German Breaking Championship and thus represents Germany at the qualifying championships for the 2024 Olympics in Paris.

Due to his intense dance career, Chau had numerous injuries. Wanting to gain the knowledge to help other dancers, he became a physiotherapist. In 2019, Chau became part of the HE4DS team. His goal is to provide healthcare education to dancers around the world, with focus on high performance and competitive dance.

# experience.

## WORK EXPERIENCE.

**2019-  
today** Co-Founder & Head of Community Management at HE4DS UG, health and performance coach, instructor (worldwide)

**2019-  
today** Medical dance educator, health and performance coach at the 'Professional Dance Academy' (Stuttgart)

**2017-  
today** Co-Founder, project management, medical dance educator, instructor and lecturer at Urban Dance Health e.V. (worldwide)

**2016-  
today** Executive Board at Farbschall e.V (Karlsruhe)

**2019-  
2021** Physiotherapist at 'Physio Zwei' (Stuttgart)

**2011-  
2019** Physiotherapist at 'Krankengymnastik Panske' (Bietigheim)